

THE WORLD, AT YOUR SERVICE

CREW'S NEWS

VOL. 2 ISSUE 15

JULY 30TH, 2021

WAYS PHOTO OF THE WEEK:
CELEBRITY MILLENNIUM IN ALASKA







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A Word from Michael Scheiner
SVP, Chief Marketing Officer

VOL. 2
ISSUE 15

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Greetings to you all and I hope this note finds you well.

Since I was a child, I had always dreamed of working on a cruise ship so it is surreal to be sending a note to you all.

I joined the Celebrity family a few weeks ago and already feel like I am home. This is one of the most optimistic, energetic and determined teams I have ever been a part of and I am honored to join at such a pivotal time for the brand.

Because of you, #WeAreBack and our guests are loving it! The experience you all create for our guests is industry leading and our beautiful ships are cutting EDGE. I am determined to help build on all of the success the brand has seen over the years and continue to share the great stories and experiences you all create.

After all of the success and excitement we generated with the press and social media by returning to sea, the marketing team is focused on continuing that momentum, THIS IS OUR MOMENT. We have very exciting and BIG ideas that we are working on and I can't wait to share them with all of you and the WORLD in the coming months.

I plan to get on more of our ships and hear from you on how we can better reach and engage our guests and potential consumers. Please don't be shy, I know you have a lot of good ideas.

I also know you are among the best at capturing content aboard our ships. We've started a program, Share Celebrity, and invite you to share your content for potential use in our marketing materials. See page 3 for more information.

Wishing you and your loved ones all of the best,

Michael



THE WORLD, AT YOUR SERVICE

WHAT'S NEW WITH CELEBRITY



EQUINOX MAKES HER RETURN TO SERVICE IN PORT EVERGLADES

On July 24th, Equinox welcomed her first guests and took her place as the second Celebrity Cruises ship to sail out of the US.

Equinox will offer 7-night Eastern, Western and Southern Caribbean itineraries from Fort Lauderdale. It was an amazing accomplishment having another Celebrity ship depart from US waters.

We are so excited to see Equinox join Edge in Port Everglades and are elated to welcome more of our guests and crew onboard!

MILLENNIUM KICKS OFF ALASKA SEASON

Celebrity Millennium set sail on July 23rd, officially starting our return to Alaska!

Millennium will be sailing out of Seattle, Washington and include amazing destinations such as Skagway, the Inside Passage, and even the Endicott Arm. The itineraries we offer throughout Alaska are unique experiences including close encounters to glaciers, fjords, wildlife, nature and culture.

We are so happy to be offering this experience once more.



@cruisedirectorhisteve

CAPTAIN KATE NAMED TRAVEL & LESIURE'S "50 MOST NOTABLE PEOPLE OF TRAVEL:2021"

An inspiration to many all around the world, Capt. Kate McCue is proof that hard work, perseverance, and a positive attitude can bring any dream to reality.

Last week, she was named one of Travel and Leisure's top people in travel –along with the likes of Anthony Bourdain, David Attenborough, and Mickey Mouse. To see the full list of nominees, click the link here:

<https://www.travelandleisure.com/travel-news/notable-people-in-travel-2021>



REFLECTION NAMED OUR NEW 'TRAINING AND VACCINE' SHIP

In order to help assist with the vaccine process, as well as to ensure a smooth embarkation process for all of you – we have recently named the Reflection as the Vaccine and Training ship prior to her return to service.

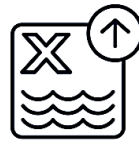
This way, you can get both of your shots, complete most of your required training, and acclimate back to ship life before joining your assigned vessel!





THE WORLD, AT YOUR SERVICE

WHAT'S NEW WITH CELEBRITY



SHARE CELEBRITY

OUR MARKETING TEAM IS SEEKING NEW, AUTHENTIC CONTENT.

See below if you'd like a chance for **YOUR CONTENT** to be selected for placement in Celebrity's internal and consumer marketing materials!

Past and present photos and videos from any time, any place are welcome.

Click the link below, or type the address in your browser, and follow the simple steps to upload your content.

[Share Celebrity](https://www.celebritycruises.com/company/social)

<https://www.celebritycruises.com/company/social>

KEEPING YOUR VACCINATION RECORD CARD SAFE

After getting vaccinated, many of you receive a very important piece of paper — your Vaccination Record Card. This card includes some personal information, such as your name, date of birth, where and when you got your vaccine and the type of vaccine you received. Since you will need this for the future, keep it safe by following these tips:

Tips Include:



Take a picture of the front and back of your vaccination record card, download to your computer or other device and share with a family member as a back-up.



Do not laminate your card, you may need to get boosters, or something else on it in the future.



Store your vaccine card in a safe place, could be with your passport or other important personal documents.

If you are in the middle of your vaccination process with RCG, your card may be held by our medical team for safekeeping and documentation. We will give you your vaccination record card back once you are out of quarantine and fully vaccinated.

If you have not yet been vaccinated and expect to be vaccinated, we hope you find this helpful when you receive your vaccination record card.



THE WORLD, AT YOUR SERVICE

WHAT'S NEW WITH CELEBRITY



WORLD AT YOUR SERVICE AMBASSADORS UPDATE!

**After over a year out of operation, our
WAYS Ambassadors ARE BACK!**

The ships that have returned to service all began accepting Ambassador applications during crew quarantine. After released, they began their meetings, started organized the WAYS board, newsletters, ship tours, and more.

These amazing groups of individuals are responsible for promoting our WAYS service culture of living our vision and values by *always* providing personalized, knowledgeable and genuine experiences with both our guests and our internal guests (our crew!)

If you're interested in becoming a WAYS Ambassador, speak with your HR team or Guest Relations team.



TEAM EQ



TEAM SI

TEAM ML



Semir
Casino Dealer
Czech Republic

Rocky
Photographer
India

Pragati
Bar Server
India

Sofyan
Waiter
Indonesia

Anita
Guest Relations Officer
Indonesia

Davor
Effy Assistant Supervisor
Serbia

Lady
Crew Welfare Specialist
Dominican Republic

Connor
Guest Relations Officer
Belgium

Alice
Housekeeping Supervisor
Kenya

Riya
Security Guard
India



YOUR MOST FREQUENTLY ASKED QUESTIONS



Where can I accept my new assignment and upload any missing documents?

To accept your assignment and upload any missing documents, go to Assignment Confirmation Tool (ACT) 3.0 in the RCLCrewTravel section of MyRCL. Documents you can upload include passport, visa(s), SIRB, medical, STCW and other requirements. For Private Destination team members please follow the guidance from your HR manager.



How can I retrieve my hotel and travel details?

If you need to view your hotel and transportation information, log in to RCL CrewTravel and go to **My Travel Details**. Scroll down to view the port information, which contains instructions on how you will travel from the airport to your hotel (if applicable), your hotel to the ship; or the airport directly to the ship. You may print a copy of your hotel and transportation arrangement to have for your reference.



If I'm vaccinated, am I exempt from PCR testing and quarantine requirements?

No. While vaccines are an important part of our healthy return to service, they will not replace our existing protocols.



Where is the company administering vaccinations?

We've partnered with various providers to open multiple vaccine sites. The location of your RCG[1]administered vaccine will depend on the ship and region of the world. As your vaccine appointment approaches, RCG will provide you with the exact details of where and when you will be vaccinated. Our aim is to keep you safe and healthy and make the process as smooth as possible for you



Now that we are sailing again, when will I get my new assignment?

This is an exciting time for us; we are getting back to sailing again and opening our private destinations. As we ramp up our scheduled sailings, we ask that you continue to check your emails and MyRCL app regularly to learn about the latest updates. But this is just the beginning, as we continue to announce new sailings, you will be notified through email and MyRCL as soon as we have an assignment for you. In the meantime, make sure your documents are accurate and loaded to C-TRAC



PROTOCOLS: CREW HEALTH CHECKS BY REGION

GALAPAGOS

GREECE

UK

ST. MAARTEN

US/CDC

- 100% crew antigen testing every two weeks

- 100% of Crew Each Week in effect at the first revenue sailing (3x Antigen / 1x PCR)

- Administered by Eurofins

- 100% of Crew Each Week in effect at the first revenue sailing (3x Antigen / 1x PCR)

- Administered by Eurofins

- Bi-weekly testing of all crew 1x antigen and 1x PCR*to be re-assessed after 30 days

- Administered by Eurofins

- Bi-weekly testing of all crew 1x antigen and 1x PCR (Green/Orange)

- Red- All crew every 7 days

- *to be re-assessed after 30 days

As of today

FRIDAY, JULY 30

977



Celebrity crew joining our ships this month

8



Celebrity ships currently starting back in service over the next few months

7.8K



Approximate number of Celebrity crew that have received at least 1 vaccination shot

INTERNATIONAL CRUISES ALLOWED IN ENGLAND AGAIN



International cruises allowed in England again

International cruises have been given the go-ahead for the first time in more than a year as part of a significant reopening of England's borders.

Grant Shapps, transport secretary, announced today that cruises would be able to start and finish in English ports — calling at foreign destinations in between — without requiring vaccinated passengers to quarantine.

CRUISE LINES WILL FOLLOW CDC GUIDANCE REGARDLESS OF COURT RULING

Florida has been in court trying battle the CDC protocols while the legal dispute plays out, and initially won when a district court granted its request. But a Federal appeals court sided with the CDC, [leaving the rules in place for now.](#)

CDC will continue to operate the Conditional Sailing Order as a voluntary program for these ships, which they have all voluntarily accepted to follow. Ships resuming initial operations from Florida and all other U.S. ports will continue to operate in accordance with public health protocols that prioritize the health and safety of passengers, crew and the communities we visit.



DISNEY CRUISE RESTART WILL INCLUDE MASKS FOR ALL, NO CHARACTER MEET-AND-GREETINGS



Disney Cruise Line is set to restart sailings from Port Canaveral beginning on August 9th.

In new health and safety rules released on Friday, all guests ages 2 and up will be required to wear masks in all indoor areas except when eating and drinking or in their staterooms. Masks will not be required outdoors or at Castaway Cay.

Close-up meet-and-greets with Disney Characters will be on pause, and youth activities will be limited to small group settings.



COMPLETE YOUR RCLU TRAINING, NOW AVAILABLE IN YOUR LEARNING PLANS FROM HOME OR FROM QUARANTINE!

[Click here to access your learning plan!](#)



THE WORLD, AT YOUR SERVICE

HEALTH TIP & RESOURCES



EAT LIKE AN OLYMPIAN

As a world-class, Olympic athlete, it can be a full-time job to keep fitness levels in peak condition. Whether that's hitting the slopes, the pool, or the mat, managing nutritional needs becomes just as important as training for a medal-worthy athletic performance.

Breakfast is key

Snowboarder Chloe Kim told Pop Sugar that her day might start off with chocolate pancakes, biscuits and gravy, toast, and cottage cheese. Figure skater Alex Shibutani keeps things a bit lighter with oatmeal and chia seed bars. Winter Olympic golden girl, Lindsay Vonn, makes sure to have her personal chef in tow, who may prepare her scrambled eggs with veggies and hot sauce, along with some oatmeal for extra-heavy training days.



Power up with protein!

It's no surprise that many athletes stress the importance of high-quality protein in their diets, which not only promotes muscle growth, but also provides the amino acids essential for recovery after a grueling day of competition. Many start their days with a protein powder-based shake, or eggs on toast, and also follow workouts with a protein-packed snack.



Healthy fats are important

Talking about protein and carbs are the norm when discussing an athlete's diet, but fat can be just as important to their nutrition plan. When it comes to moderate or intense athletic training, both carbohydrates and fat are integral for athletes to achieve their best performance. Fat intake is directly related to the production of steroid hormones that aid performance as well as recovery and can also regulate inflammation in the body.



Clean eating has become the standard

While most of us relish the stories of athletes like Michael Phelps downing entire pizzas and fried egg sandwiches to get into swimsuit shape, the reported reality is that far more athletes are now relying on a clean eating regimen to fuel their workouts. Clean eating means not focusing so much on calories, but on the nutrition being put into your body. Make sure to get in plenty of fresh fruits and veggies, and lunch is likely to include a fresh smoothie and some chicken soup.



Hydration is essential

The US Olympic Committee takes hydration very seriously, stressing the importance of adequate hydration for minimizing muscle cramps, supporting immune defense, and enhancing mental function and motor control. Athletes are encouraged to monitor their hydration levels daily, and to watch for signs of dehydration like fatigue, nausea, headache, or elevated heart rate. Fluid needs vary greatly depending on each athlete, but are even higher for competitors who are traveling, or subject to increased altitudes or temperatures.





THE WORLD, AT YOUR SERVICE

HEALTH TIP & RESOURCES



Celebrity Cruises

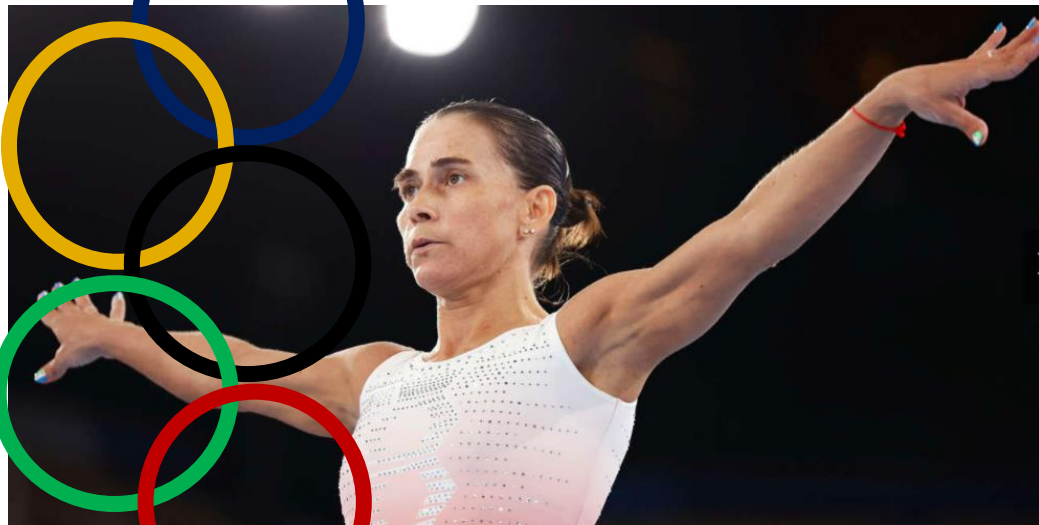


OLYMPICS HIGHLIGHTS YOU SHOULD KNOW!

PHILIPPINES' FIRST-EVER GOLD MEDALIST WINS \$660,000 AND A HOUSE

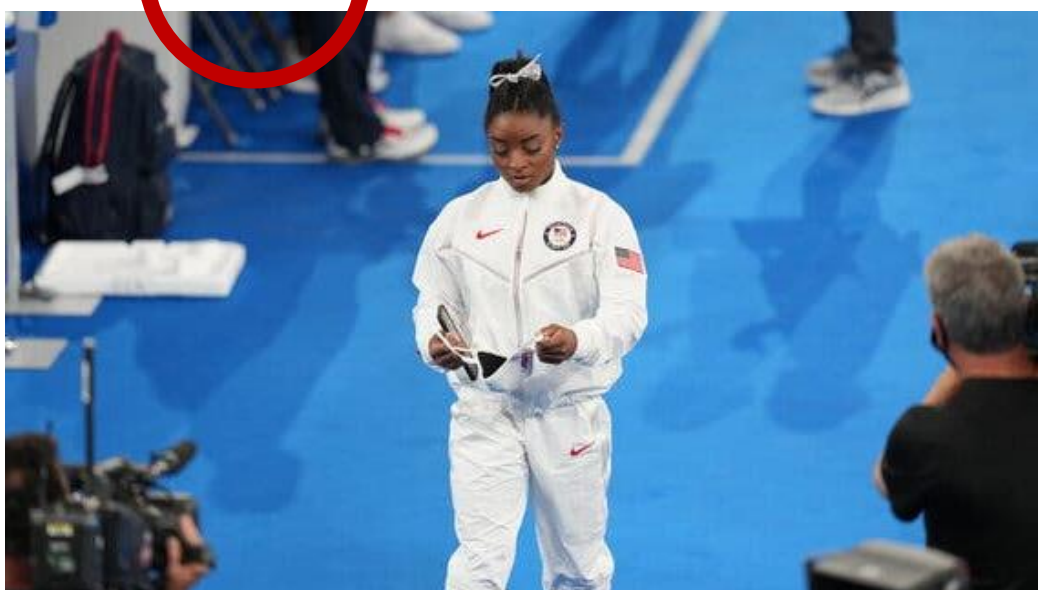
"History. Made," the Olympics said on its Twitter account after 30-year-old Diaz, a silver medalist in the 2016 Rio Olympics, won in the women's 55-kilogram weightlifting competition in Tokyo on Monday. She lifted an Olympic record 127 kilograms in the clean and jerk event, which sealed her victory, the Philippine Daily Inquirer reported.

With the win, Diaz will take with her 33 million pesos (\$660,000) in cash prizes from the government and several businessmen and a house and lot. The Philippine Sports Commission guarantees a 10-million-peso incentive for every Olympic gold.



46-YEAR-OLD UZBEKISTAN GYMNAST COMPETES IN 8TH OLYMPICS, PROVES AGE IS JUST A NUMBER

At 46, Chusovitina is the oldest Olympic gymnast in history, with the 2020 Tokyo Olympics marking the eighth time she's competing in the Summer Games. The 5-foot tall, 97-pound dynamo is representing Uzbekistan and hoping to qualify for the final in the vault — her specialty — which takes place Aug. 1. She made her Olympic debut almost 30 years ago and has won two Olympic medals since, one gold and one silver.



SIMONE BILES PRAISED FOR PUTTING MENTAL HEALTH ABOVE A GOLD MEDAL

Though sports psychologists say a stigma persists about athletes and mental health, and Biles was surely disappointed not to have lived up to enormous Olympic expectations, she was also widely embraced as the latest active, elite athlete who had the courage to acknowledge her vulnerability.

The increasing willingness of athletes to speak up, Beilock said, confirms that mental health issues affect everyone. For a public that has faced the strain of a pandemic lockdown, and may soon again, Beilock added, candid acknowledgments by Biles, Osaka and others are "really important for the everyday Joe to do the same thing. It sort of gives them permission."



THE WORLD, AT YOUR SERVICE

CREW SHOUT-OUTS



Celebrity Cruises

Loving all the 'IAMCELEBRITY Photos! Keep sharing! Use #IAMCELEBRITY and #WEAREBACK hashtags!
Continue tagging us in your social media to be featured on our next Crew's News!



IT'S GOOD TO BE BACK
@HOSTEDBYMARC



THE COMBACK IS ALWAYS GREATER THAN THE SET BACK.
@WI_DIYAT



THUMBS UP FROM THE EQUINOX
@TRAVELWITHCAPTAINASOS



TEAMWORK MAKES THE DREAM WORK
@ANNA_AVGOUSTAKI

WE CAN'T WAIT TO WELCOME YOU BACK ONBOARD!



THE WORLD, AT YOUR SERVICE

SERVICE ANNIVERSARIES



Celebrity Cruises

WE HAVE 23 CREW MEMBERS CELEBRATING A SERVICE MILESTONE IN JULY FROM 20-36 YEARS! CONGRATULATIONS TO ALL!

36 YEARS

ZISIS TARAMAS

30 YEARS

CHRISTOPHER
CARDOZO

25 YEARS

JOE FERNANDES

CUSTODIO RODRIGUES

20 YEARS

JOHN GOMES
ROMULO MABINI
MARK DSOUZA
ANDREW BARRETTO
MELCHOR VILLEZA

RONALDO
AGORILLA
BENJIE DAVID
ANIL PAIS
IDA PAWITRA

ISMAEL BIN SAI
JANETTE GLORIA
IWAN SETIAWAN
DENNIS LLEMIT

RODOLFO
POSADAS
IRAKLIS ANDREOU
FNU MUDAKKIR

I MARDIKA
JOEY CABRADILLA
VIOLETA JOSON